Complete Summary

GUIDELINE TITLE

Lipid lowering therapy in patients with chronic kidney disease.

BIBLIOGRAPHIC SOURCE(S)

Walker R. Lipid lowering therapy in patients with chronic kidney disease. Nephrology 2005 Dec;10(S5):S231-4.

Walker R. Lipid lowering therapy in patients with chronic kidney disease. Westmead NSW (Australia): CARI - Caring for Australians with Renal Impairment; 2005 Aug. 7 p. [15 references]

GUIDELINE STATUS

This is the current release of the guideline.

COMPLETE SUMMARY CONTENT

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SCOPE

DISEASE/CONDITION(S)

- Chronic kidney disease
- Coronary artery disease

GUIDELINE CATEGORY

Management Treatment

CLINICAL SPECIALTY

Family Practice
Internal Medicine
Nephrology
Nutrition
Pediatrics

INTENDED USERS

Dietitians Physicians

GUIDELINE OBJECTIVE(S)

To review the available clinical evidence pertaining to the effect of lipid-lowering agents on the progression of chronic kidney disease

TARGET POPULATION

Adults and children with chronic kidney disease

INTERVENTIONS AND PRACTICES CONSIDERED

Treatment of patients with chronic kidney disease with and without coronary artery disease with cholesterol-lowering agents (preferably statins) was considered but not recommended.

MAJOR OUTCOMES CONSIDERED

- Incidence of coronary artery disease
- Cardiac death
- Risk of cardiovascular event
- Blood cholesterol level

METHODOLOGY

METHODS USED TO COLLECT/SELECT EVIDENCE

Searches of Electronic Databases

DESCRIPTION OF METHODS USED TO COLLECT/SELECT THE EVIDENCE

Databases searched: An extensive search of the literature using the Cochrane library, Medline and Embase using standard search criteria was undertaken by the Cochrane Renal Group. Key Medical Subject Heading (MeSH) terms: - Kidney failure chronic, renal dialysis, antilipemic agents, lipids, hyperlipidemia, lipoproteins, kidney diseases, peritoneal dialysis, kidney transplantation, were combined with the Cochrane highly sensitive search strategy for randomised controlled trials. The search was carried out in Medline (1966 – February week 3, 2004). The Cochrane Renal Group Trials Register was also searched for trials not indexed in Medline.

Date of searches: March 2004.

NUMBER OF SOURCE DOCUMENTS

Not stated

METHODS USED TO ASSESS THE QUALITY AND STRENGTH OF THE EVIDENCE

Weighting According to a Rating Scheme (Scheme Given)

RATING SCHEME FOR THE STRENGTH OF THE EVIDENCE

Levels of Evidence

Level I: Evidence obtained from a systematic review of all relevant randomized controlled trials (RCTs)

Level II: Evidence obtained from at least one properly designed RCT

Level III: Evidence obtained from well-designed pseudo-randomized controlled trials (alternate allocation or some other method); comparative studies with concurrent controls and allocation not randomized, cohort studies, case-control studies, interrupted time series with a control group; comparative studies with historical control, two or more single arm studies, interrupted time series without a parallel control group

Level IV: Evidence obtained from case series, either post-test or pretest/post-test

METHODS USED TO ANALYZE THE EVIDENCE

Review of Published Meta-Analyses Systematic Review with Evidence Tables

DESCRIPTION OF THE METHODS USED TO ANALYZE THE EVIDENCE

Not stated

METHODS USED TO FORMULATE THE RECOMMENDATIONS

Expert Consensus

DESCRIPTION OF METHODS USED TO FORMULATE THE RECOMMENDATIONS

Not stated

RATING SCHEME FOR THE STRENGTH OF THE RECOMMENDATIONS

Not applicable

COST ANALYSIS

A formal cost analysis was not performed and published cost analyses were not reviewed.

METHOD OF GUIDELINE VALIDATION

Comparison with Guidelines from Other Groups Peer Review

DESCRIPTION OF METHOD OF GUIDELINE VALIDATION

<u>Recommendations of Others</u>. Recommendations regarding lipid-lowering therapy in patients with kidney disease from the following groups were discussed: Kidney Disease Outcomes Quality Initiative, British Renal Association, Canadian Society of Nephrology, European Best Practice Guidelines, and International Guidelines.

RECOMMENDATIONS

MAJOR RECOMMENDATIONS

Definitions for the levels of evidence (I–IV) can be found at the end of the "Major Recommendations" field.

Guidelines

No recommendations possible based on Level I or II evidence

Suggestions for Clinical Care

(Suggestions are based on Level III and IV evidence)

- There are no randomised clinical trials with clinical endpoints to state that
 patients with chronic kidney disease (CKD) and/or on renal replacement
 therapy without evidence of coronary artery disease should be placed on lipidlowering therapy.
- Patients with mild CKD (Stage 1 & 2) with established coronary artery disease may benefit from treatment with a cholesterol-lowering agent, preferably to statin. (Level III evidence)

Definitions:

Levels of Evidence

Level I: Evidence obtained from a systematic review of all relevant randomized controlled trials (RCTs)

Level II: Evidence obtained from at least one properly designed RCT

Level III: Evidence obtained from well-designed pseudo-randomized controlled trials (alternate allocation or some other method); comparative studies with concurrent controls and allocation not randomized, cohort studies, case-control studies, interrupted time series with a control group; comparative studies with historical control, two or more single arm studies, interrupted time series without a parallel control group

Level IV: Evidence obtained from case series, either post-test or pretest/post-test

CLINICAL ALGORITHM(S)

None provided

EVIDENCE SUPPORTING THE RECOMMENDATIONS

TYPE OF EVIDENCE SUPPORTING THE RECOMMENDATIONS

The type of supporting evidence is identified and graded for each recommendation (see "Major Recommendations").

BENEFITS/HARMS OF IMPLEMENTING THE GUIDELINE RECOMMENDATIONS

POTENTIAL BENEFITS

- Appropriate use of lipid-lowering therapy in patients with chronic kidney disease (CKD)
- Cholesterol level reduction
- Primary prevention of coronary artery disease (CAD) in patients with CKD
- Secondary prevention of CAD in patients with CKD

POTENTIAL HARMS

Side effects of statin therapy

IMPLEMENTATION OF THE GUIDELINE

DESCRIPTION OF IMPLEMENTATION STRATEGY

An implementation strategy was not provided.

INSTITUTE OF MEDICINE (IOM) NATIONAL HEALTHCARE QUALITY REPORT CATEGORIES

IOM CARE NEED

Living with Illness

IOM DOMAIN

Effectiveness

IDENTIFYING INFORMATION AND AVAILABILITY

BIBLIOGRAPHIC SOURCE(S)

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ADAPTATION

Not applicable: The guideline was not adapted from another source.

DATE RELEASED

2005 Dec

GUIDELINE DEVELOPER(S)

Caring for Australasians with Renal Impairment - Disease Specific Society

SOURCE(S) OF FUNDING

Industry-sponsored funding administered through Kidney Health Australia

GUIDELINE COMMITTEE

Not stated

COMPOSITION OF GROUP THAT AUTHORED THE GUIDELINE

Author: Rob Walker

FINANCIAL DISCLOSURES/CONFLICTS OF INTEREST

All guideline writers are required to fill out a declaration of conflict of interest.

GUIDELINE STATUS

This is the current release of the guideline.

GUIDELINE AVAILABILITY

Electronic copies: Available in Portable Document Format (PDF) from the <u>Caring for Australasians with Renal Impairment Web site</u>.

Print copies: Available from Caring for Australasians with Renal Impairment, Locked Bag 4001, Centre for Kidney Research, Westmead NSW, Australia 2145

AVAILABILITY OF COMPANION DOCUMENTS

The following is available:

• The CARI guidelines. A guide for writers. Caring for Australasians with Renal Impairment. 2006 May. 6 p.

Electronic copies: Available from the <u>Caring for Australasians with Renal Impairment (CARI) Web site</u>.

PATIENT RESOURCES

None available

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